



2026 Camp Confirmation Packet

QUINNIPIAC UNIVERSITY Hamden, CT

JUNE 29 - JULY 2, 2026

Dear Parents,

Thank you for registering for our Revolution Field Hockey Camp! We hope that this camp will be an unforgettable and exciting opportunity for your camper to improve their skills and work with some of the top coaches in the game!

This packet is designed to help you prepare for your upcoming camp. Please read this entire packet carefully, as it contains all the forms, important information, and tips you need to set your camper up for a fun, smooth, and successful camp experience.

If you have any questions after reviewing this packet, please feel free to contact us via email at Support@FHCamps.com or by phone on 800-944-7112.

We look forward to an amazing summer of camp. See you on the field!

Best,
Revolution Field Hockey Camps

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OVERNIGHT CAMPERS

Check In

Overnight campers will check in on the first day of camp (Monday) at the Perlroth Residence Hall from **12:00 PM - 12:30 PM**.

Check Out

Overnight campers will check out on the last day (Thursday) at the dorms at **11:30 AM**.

Meals Provided

Breakfast, lunch, and dinner will be provided to your camper. Dinner is the first meal on Monday, breakfast is the last meal on Thursday.

EXTENDED DAY CAMPERS

Check In

Extended day campers will check in on the first day of camp (Monday) at the Perlroth Residence Hall from **12:00 PM - 12:30 PM**.

Arrive directly at the turf field at 9am the remaining days.

Check Out

Extended day campers will check out **each day** (Monday-Wednesday) directly from the turf field at **8:30 PM**. On the last day, they should be collected from **the turf field at 11:00 AM**.

Meals Provided

Lunch and dinner will be provided to your camper. Dinner is the first meal on Monday, dinner is the last meal on Wednesday.

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PACKING LIST - OVERNIGHT CAMP

Below is a list of items to bring to camp. We suggest that campers do not bring expensive personal items such as cameras, iPads/iPods, etc. Please label every article you bring to camp. All items will be the responsibility of the camper. Revolution Field Hockey Camps and its camp staff are not responsible for lost, stolen, damaged, or forgotten items.

****ALL CAMPERS MUST BRING THEIR OWN FIELD HOCKEY EQUIPMENT, IT WILL NOT BE PROVIDED.**

OVERNIGHT CAMP PACKING LIST

- Health Forms
- FH Stick
- Cleats/Sneakers
- Mouthguard
- Shin Guards
- Refillable Water Bottle
- Snacks
- Sunscreen
- Medications (if applicable)
- Slides/Flip Flops
- T-Shirts, Tank Tops
- Sweats, Shorts
- Sports Bras, Athletic Socks
- Pajamas
- Bed Linens (Twin XL)
- Shower Supplies
- Portable Fan
- Liquids

PLEASE DO NOT FORGET TO SUBMIT YOUR HEALTH FORMS. YOU WILL NOT BE ABLE TO ATTEND CAMP WITHOUT THEM.

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HEALTH FORMS - CREATING ANKORED ACCOUNT

Important Next Step: To Upload Your Health Forms

Soon after registration, you will receive an email from Ankored (support@ankored.com) asking you to activate your account.

PLEASE DO NOT IGNORE THIS EMAIL - IT'S AN IMPORTANT STEP IN YOUR PARTICIPATION PROCESS.

What is Ankored? Ankored is the compliance platform that the Revolution Field Hockey Camp Organization uses to manage all the individual requirements you need to complete in order to participate. All required waivers, forms, documents, and other materials will be collected directly through your Ankored profile.

What You Need To Do:

- Watch for the Ankored activation email (it may arrive in your spam/junk folder)
- Click the activation link to set up your account
- Log in and complete all required forms in a timely manner
- Submit all documents before the deadline to ensure your participation

IMPORTANT: All requirements must be completed through your Ankored profile to participate. Paper forms or other submission methods will not be accepted.

If you have any questions or need assistance with your Ankored account, please don't hesitate to reach out to **support@ankored.com**.

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REQUIRED HEALTH FORMS IN ANKORED

All campers **MUST** upload the following items to attend camp:

- **“CAMPER PHYSICAL FORM” - Must Upload File**
- **“CAMPER IMMUNIZATION FORM” - Must Upload File**
 - Health Record **MUST** be completed from the previous 18 months
 - Health Record **MUST** be signed by your campers physician
 - You can use our form or a standardized form received from the physician and just use our form as a cover page, filling out the parent contact and authorization section
 - IF YOUR CAMPER DOES NOT HAVE A CURRENT HEALTH RECORD ON FILE, THEY WILL BE ASKED TO LEAVE CAMP UNTIL COMPLETED
 - YOU MUST UPLOAD TO YOUR ANKORED ACCOUNT ASAP
- **“CAMP HEALTH FORM - CT” - Must Fill Out Completely in Your Ankored Profile**
 - If your camper has any allergy, dietary restrictions, asthma, requires an inhaler, epi-pen or requires any other medications at camp, you will need to complete the **“Individual Care Plan”** attached to the Camp Health Form - CT document and sign.
 - If you indicate that your camper requires medication or an inhaler, you will be prompted to fill out and upload a **“Authorization of Self-Administration Medication Form”** - This form must be printed, filled out, signed by the physician and reuploaded to the account.
- **Any Campers with Medication**
 - Medication **MUST** be stored in the original prescriber container and have clear and proper labeling on medication
 - Medication **MUST** be current
 - Medication **CANNOT** be past the expiration date
 - Medication **MUST** be accompanied by Individual Caree Plan, Self-Admin of Medication forms both filled out and signed
 - If any of these conditions are **NOT** met, your camper will be asked to leave camp

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CELL PHONE POLICY

Use of phones is not permitted during the instructional blocks of camp, including on-field instruction and classroom activities. We feel this will minimize distractions to the learning environment, help to maintain an inclusive atmosphere, and alleviate potential problems that can detract from the overall experience for everyone. This will also ensure we optimize productivity at camp.

Phone use will be allowed during any free time and meals. We will still encourage players to minimize their time on devices in order to interact and engage with other campers, but understand they might want the chance to call home, text friends, etc.

RAIN POLICY

Our camp will run rain or shine with safety as our top priority. In the event of inclement weather, we will adjust the schedule as needed to ensure a safe and productive experience for all campers. For any questions regarding weather, please contact us using the information above.

CONTACT INFORMATION

We understand that there may be times where you will need to get in contact with your camper urgently, or you might need to arrange to collect them from camp earlier than usual. If you need to get in contact with the camp director, please contact us using the information below:

Camp Office

Support@FHCamps.com

800-944-7112

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OUR MISSION

The Revolution Field Hockey Camps were designed to provide young athletes with the opportunity to become better field hockey players by providing instruction from the top coaches in a positive and fun atmosphere.

HEALTH AND SAFETY

We want to ensure your child a safe and positive environment during their time at camp. Campers are expected to abide by the camp rules and our core values. Drugs, alcohol and tobacco products are strictly forbidden and constitute, along with general misconduct, grounds for dismissal from camp without a refund.

FINAL PAYEMENT

Final payments are due in our office by May 15th. Any camper with a remaining balance will be prohibited from checking into camp. We do not accept final payments at camp. Final payments can be paid via mail, over the phone, or through your online account. If you are unsure about your balance, please call us at 800.944.7112

CANCELLATION POLICY

Any Camper who must cancel their registration more than fifteen (15) days prior to the Camp start date will receive a voucher equal to the full amount of Camp tuition already paid which may be used toward any program or camp offered by eCamps. If a Camper must cancel their registration fourteen (14) days or fewer prior to the start of Camp, eCamps will issue Camper or Parent a voucher equal to 50% of the Camp tuition, which may be used toward any program or camp offered by eCamps. Vouchers are valid for any eCamps program within the same or next calendar year and are also transferable to another family member. Camp vouchers are not extended to Campers who leave Camp after the start of a session. The \$30 registration fee is non-refundable. **Cash refunds are not offered under any circumstances.**

Individual Plan of Care for Campers - Required for CT

This form is **REQUIRED** for any camper who requires any special health care needs or special attention that the staff and first aider needs to be made aware of and instructions on how to treat. ***If your camper has any of the below needs, this form must be signed for camps in CT. If this form is not completed, your camper will not be allowed to attend camp. YOU MUST get this form signed by camp director and athletic trainer at check-in to participate in camp***

Child's Name: _____ Date of Birth ____ / ____ / ____

My Child Has Any of the Following Medical Needs, Allergies, Dietary Restrictions, Etc:

Has an Inhaler: Y / N - If YES, the inhaler MUST be stored in the original packaging and have proper labeling containing camper name and information, along with admin of medication form

Has an Epi-pen: Y / N - If YES, the epi-pen MUST be stored in the original packaging and have proper labeling containing camper name and information, along with admin of medication form

Has Allergies that Require Prescription Medication: Y / N - If YES, the medication MUST be stored in the original packaging and have proper labeling containing camper name and information, along with admin of medication form

Needs Any Other Prescription Medication while at Camp: Y / N - If YES, the inhaler MUST be stored in the original packaging and have proper labeling containing camper name and information, along with admin of medication form

Other Medical/behavioral needs Staff Needs to be aware of, Please Elaborate:

Plan for appropriate care of the child in a medical emergency. An individual Plan of Care is necessary when a child has a special health care need or disability and it is necessary that special care be taken or provided while the child is at the youth camp. Please include all relevant information: (e.g. precautions to be taken to prevent a medical or other emergency) .

Signature(s) of the Parent(s): Date Signed:

____ / ____ / ____
____ / ____ / ____

Individual Care Plans requires a child's health record to include information regarding disabilities or special health care needs such as allergies, special dietary needs, dental problems, hearing or visual impairments, chronic illness, developmental variations or history of contagious disease, and an individual plan of care for the child with special health care needs or disabilities. Such a plan of care shall include appropriate care of the camper in the event of a medical or other emergency and shall be signed by the parent(s) and staff responsible for the care of the camper.

Signature of the staff responsible for camper _____ (first aider signature)

Signature of the staff responsible for camper _____ (staff member signature)

Please use the reverse side of this form for signature(s) of all staff responsible for the care of this child if needed

Authorization of Self-Administration Medication Form

This form allows both the parent/guardian and the prescriber to ensure the camper is capable of self-administering the medication safely while at camp. **If your camp requires any medication while at camp or ICE, you MUST complete this form in totality and present to first aider at check-in with medication.** All medication MUST be brought to camp in the original container and have proper pharmacy labelling. If these conditions are not met and paperwork completed, your camper will not be allowed at camp. You MUST also complete an Individual Care Plan available on our website.

Camper Information:

- Camper's Full Name: _____
- Date of Birth: _____
- Camper Address: _____
- Parent/Guardian Name: _____
- Parent/Guardian Phone Number: _____
- Parent/Guardian Email: _____

Medication Information:

- Name of Medication: _____
- Dosage: _____
- Time(s) of Administration: _____
- Condition being treated: _____
- Specific Instructions for Medication Administration: _____
- Potential Side Effects: _____ N_o_n_e_E_xpected
- Plan to Address Potential Side Effects: _____

Parent/Guardian Authorization for Self-Administration:

- I, the undersigned parent/guardian, hereby authorize my child, named above, to self-administer the medication listed above while attending the summer camp program. I understand that my child has been instructed by a healthcare provider on how to properly administer this medication. I am confident in my child's ability to safely and responsibly manage this medication while at camp. I agree to provide the camp with an adequate supply of the medication, properly labeled, in accordance with camp policy. I also understand that the camp staff may provide assistance if necessary and that the camp will monitor my child's adherence to medication administration as best as possible.

Parent/Guardian Consent:

- Parent/Guardian Signature: _____
- Date: _____
- Relationship to child: _____

Prescriber's Authorization:

- I, the undersigned prescribing healthcare provider, authorize the child named above to self-administer the medication as described. I confirm that this child has been educated on the proper use of the medication, including potential side effects, and is capable of administering it independently while at camp. I understand that the camp staff will make reasonable accommodations for the camper's health and safety during the camp session.

- Prescriber's Full Name: _____
- Prescriber's Title: _____
- Prescriber's Contact Information: _____
- Prescriber's Signature: _____
- Date: _____

For Camp Use Only:

- Medication Received: [] Yes [] No
- Camp Staff Notified: [] Yes [] No
- Medication Stored Appropriately: [] Yes [] No

Important Notes:

- All medications must be brought to camp in their original, pharmacy-labeled container.
- Any changes in medication, dosage, or administration must be communicated to the camp immediately.

Camp First Aider Signature: _____

Medication Administration Record (MAR)

Name of Child _____ Date of Birth ____/____/____

Pharmacy Name _____ Prescription Number _____

Medication Order

Date	Time	Dosage	Remarks	Was This Medication Self Administered?	Signature of Person Observing or Administering Medication (First Aider or Staff Member Resp)
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				Yes <input type="checkbox"/> No <input type="checkbox"/>	
				<input type="checkbox"/> <input type="checkbox"/>	
				<input type="checkbox"/> <input type="checkbox"/>	

*Medication authorization form must be used as either a two-sided document or attached first and second page.

- | | |
|--|--|
| <input type="checkbox"/> Authorization form is complete | <input type="checkbox"/> Date on label is current |
| <input type="checkbox"/> Medication is appropriately labeled | <input type="checkbox"/> The Individual Care Plan Form is complete |
| <input type="checkbox"/> Medication is in original container | |

Person Accepting Medication (print name) _____ Date ____/____/____